



Sweet Surrender: Christian 12-Step Recovery from Food Addiction

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Sweet Surrender: Christian 12-step recovery from food addiction is an inside look at the physical, emotional and spiritual life of a sick and suffering food addict getting well. Discovering the truth about food addiction brings hope and surrendering to Jesus brings healing. Sweet Surrender offers a solution--a tried-and-true way of eating, a tried-and-true way of living. Walk beside Pam as she finds acceptance, love and freedom in her sweet surrender. "Whom the son has set free is free indeed!" John 8:36

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