



The Jewish Vegan

Rabbi Dr. Shmuly Yanklowitz

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From brisket and gefilte fish to chicken soup and beyond, the Jewish diet heavily leans on meat and other animal products. And for all the good feelings and nostalgia this food provides, there is a dark component to it. The horrors of industrial meat production—including factories that supply the bulk of kosher meat throughout the world—are well-established: the profitable yet unethical methods of slaughter, the widespread abuse, and the callous treatment of livestock raised solely to die. As members of a tradition that emphasizes compassion for all living beings, the current trend towards more meat consumption endangers the fragile ecology of our planet. But more importantly, it threatens the moral sustainability of our souls. That is where THE JEWISH VEGAN comes in: To be a guide for those who are beginning to think deeply about making a significant change in their diet and lifestyle. Featuring selections from prominent, contemporary Jewish vegan thought-leaders, this tome features essays that touch upon everything from Jewish spirituality and philosophy, to holidays, and health (and much more)! THE JEWISH VEGAN is the perfect companion for the journeyer seeking a new approach to the relationship they have with what is on their plate...

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