



Wildflowers of the Appalachian Trail

Leonard Adkins

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With a new cover, more extensive index, and list of organizations, the new edition of Wildflowers of the Appalachian Trail is the go-to resource for anyone interested in the wildflowers found along the 2,175-milelong Appalachian National Scenic Trail. Stunning full-page color photos by Joe Cook and Monica Cook accompany the detailed descriptions by author Leonard Adkins that include: bloom season, leaves and stem descripotion, geographic range of growth, and location of the flower along the AT. Also included for many of the 94 flowers profiled in the book is the fascinating role the flower has played through history and its value in folkloric as well as modern medicine.



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