

# Occupational Therapy and Ergonomics: Applying Ergonomic Principles to Everyday Occupation in the Home and at Work

Franklin Stein, Ingrid Söderback, Susan Cutler, Barbara Larson

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Occupational Therapy and Ergonomics: Applying Ergonomic Principles to Everyday Occupation in the Home and at Work Franklin Stein, Ingrid Söderback, Susan Cutler, Barbara Larson This practical book describes how the principles of ergonomics should be applied by occupational therapists. It clearly demonstrates how to create functional environments to prevent injuries and enabling people with disabilities to engage in everyday occupations. Occupational stress and other psychological variables are considered in the ergonomics of work.

- Includes case studies of an administrative secretary, industrial worker, assembly line food handler and maintenance worker
- Contains a unique insight into the Scandinavian experience in universal design and everyday ergonomics
- Provides material for applying ergonomic principles to the work environment, including descriptions of the
  most common injuries occurring at work, occupational rehabilitation programs, job analysis, functional
  capacity assessments, and work samples



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