



Individual Differences and Personality, Second Edition

Michael C. Ashton

Download now

[Click here](#) if your download doesn't start automatically

Individual Differences and Personality, Second Edition

Michael C. Ashton

Individual Differences and Personality, Second Edition Michael C. Ashton

How do we come to be who we are? Why do we differ in our personalities? How do these differences matter in life? This textbook on **Individual Differences and Personality** aims to describe how and why personality varies between one person and the next. Unlike books that focus on individual theorists, this book focuses on current research and theory on the nature of personality and related individual differences. The book begins by discussing how personality is measured, the concept of a personality trait, and the basic dimensions of personality. This leads to a discussion of the origins of personality, with descriptions of its developmental course, its biological causes, its genetic and environmental influences, and its evolutionary function. The concept of a personality disorder is then described, followed by a discussion of the influence of personality on life outcomes in relationships, work, and health. Finally, the book examines in detail the important differences between individuals in the realms of mental abilities, of beliefs and attitudes, and of sexuality.

Intended for courses in personality and individual differences, this book may also serve as a useful overview of personality research for academics in related fields. Singly authored for consistency of breadth, depth, and presentation, **Individual Differences and Personality** will engage students with its interesting boxed asides. Sample boxes describe a wide variety of topics, including such issues as cross-generational differences, personality in animals, personality and occupational choice, the role of the womb environment, and many others. In addition to covering the Big Five and HEXACO models of personality structure, the book also includes topics often left out of other personality books, including individual differences in mental abilities, religion, politics, and sexuality. There is also deep coverage of the biological bases of personality, including discussions of neurotransmitters, brain structures, and hormones. The explanation of genetic and environmental influences is made clear and straightforward, and the discussion of evolutionary function is unique among personality texts.

Table of Contents: Introduction; Basic Concepts in Psychological Measurement; Personality Traits and the Inventories That Measure Them; Personality Structure: Classifying Traits; Developmental Change and Stability of Personality; Biological Bases of Personality; Genetic and Environmental Influences on Personality; The Evolutionary Function of Personality; Personality Disorders; Personality and Life Outcomes; Mental Ability; Vocational Interests; Religion and Politics; Sexuality; Conclusion.

- Integrates research findings with real life outcomes explaining why personality leads to successes or failures in life
- Discusses healthy personalities as well as personality disorders
- New chapter on vocational interests and personality
- 35% revised
- Well reviewed in its first edition
- Unique coverage of the evolutionary basis for personality
- Strong coverage of biology, genetics, neuroscience of personality
- Testbank for professors

 [Download Individual Differences and Personality, Second Edi ...pdf](#)

 [Read Online Individual Differences and Personality, Second E ...pdf](#)

Download and Read Free Online Individual Differences and Personality, Second Edition Michael C. Ashton

From reader reviews:

David Lalonde:

Book will be written, printed, or highlighted for everything. You can know everything you want by a book. Book has a different type. To be sure that book is important matter to bring us around the world. Close to that you can your reading expertise was fluently. A publication Individual Differences and Personality, Second Edition will make you to become smarter. You can feel a lot more confidence if you can know about everything. But some of you think that will open or reading the book make you bored. It is far from make you fun. Why they might be thought like that? Have you in search of best book or acceptable book with you?

Anne Braden:

Does one one of the book lovers? If yes, do you ever feeling doubt when you are in the book store? Make an effort to pick one book that you just dont know the inside because don't ascertain book by its deal with may doesn't work is difficult job because you are frightened that the inside maybe not as fantastic as in the outside look likes. Maybe you answer might be Individual Differences and Personality, Second Edition why because the excellent cover that make you consider in regards to the content will not disappoint anyone. The inside or content is definitely fantastic as the outside or maybe cover. Your reading 6th sense will directly assist you to pick up this book.

Ruth Mullins:

Are you kind of busy person, only have 10 or 15 minute in your time to upgrading your mind expertise or thinking skill perhaps analytical thinking? Then you are receiving problem with the book when compared with can satisfy your limited time to read it because this time you only find reserve that need more time to be examine. Individual Differences and Personality, Second Edition can be your answer since it can be read by you who have those short time problems.

Ali Ellison:

Don't be worry in case you are afraid that this book will certainly filled the space in your house, you might have it in e-book technique, more simple and reachable. This kind of Individual Differences and Personality, Second Edition can give you a lot of good friends because by you investigating this one book you have issue that they don't and make an individual more like an interesting person. This particular book can be one of one step for you to get success. This e-book offer you information that probably your friend doesn't know, by knowing more than some other make you to be great people. So , why hesitate? We should have Individual Differences and Personality, Second Edition.

**Download and Read Online Individual Differences and Personality,
Second Edition Michael C. Ashton #6IH39PCVK7L**

Read Individual Differences and Personality, Second Edition by Michael C. Ashton for online ebook

Individual Differences and Personality, Second Edition by Michael C. Ashton Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Individual Differences and Personality, Second Edition by Michael C. Ashton books to read online.

Online Individual Differences and Personality, Second Edition by Michael C. Ashton ebook PDF download

Individual Differences and Personality, Second Edition by Michael C. Ashton Doc

Individual Differences and Personality, Second Edition by Michael C. Ashton Mobipocket

Individual Differences and Personality, Second Edition by Michael C. Ashton EPub