



# The Psychology of Abandon: The Berserk Style in American Culture

*Kirby Farrell*

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## **The Psychology of Abandon: The Berserk Style in American Culture** Kirby Farrell

When behavior becomes a cultural style, berserk abandon is terrifying yet also alluring. It promises access to extraordinary resources by overthrowing inhibitions. Berserk style has shaped many areas of contemporary American culture, from warfare to politics and intimate life. Focusing on post-Vietnam America and using perspectives from psychology, anthropology, and physiology, Farrell demonstrates the need to unpack the confusions in language and cultural fantasy that drive the nation's fascination with berserk style. Kirby Farrell is professor of English at the University of Massachusetts, Amherst. He is the author of *Post-Traumatic Culture* and other books of literary and cultural criticism, as well as several novels. He is a regular contributor to *Psychology Today* online. Front cover design by Helena K. Farrell, for Tacit Muse

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