



Who Am I? or how i learned to fly with angels

Silouan Green

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“One of the most inspiring and life changing stories you will ever experience. And for me, it was just the beginning of so much more...”

Candice Alger, CEO Giant Studios - recent film work: Avatar, Tintin, Real Steel

When you've been broken and are staring into the abyss, your mind can take you to strange places. Life becomes a twisted tale. **Who Am I?** is the psychosomatic trip I took as I was slipping over the brink of sanity. Thankfully, it was a journey that led to purpose, hope, and a life of peace and joy.

But to find life I'd have to stare down the barrel of gun, survive a tragic jet crash as a US Marine, suffer bullying and abuse, fight off hallucinations and demons and worse, and lay down every night to eerily lucid dreams that seemed more real than life itself.

Who Am I? is told from the point of view of the little child inside me who wanted to live when I wanted to die. I call him Samuel. Samuel's magnificent journey is mine, and it's probably a lot like yours. More than you would admit at least! :)

Writing **Who Am I?** helped exercise my own demons and I have seen it give thousands of others like me hope. May reading it help you open the door to a new life. We usually remain stuck because the fear of the unknown is greater than the fear we are living. **Who Am I?** more than anything gives hope that anyone who has been crushed by the trauma of life can live again, and the many more of us who just muddle don't have to muddle. We can find a life of peace and joy.

We have one life, live free!

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Patsy Marshall:

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Alfred Cox:

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