



# Safety, Health, and Nutrition in Early Education, 2E

*Cathie Robertson*

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## **Safety, Health, and Nutrition in Early Education, 2E** Cathie Robertson

For students who are learning how to care for children and promote the learning, growth, and well being of children, Safety, Nutrition and Health in Child Care introduces and develops the major components of quality child care - safety, health, and nutrition. Each chapter begins with key information to demonstrate the necessity for learning the material found in that chapter. Vignettes based on real-life events and observations, checklists, charts, and other helpful resources illustrate examples, organize reference tools for students, and show them how principles and concepts can be implemented in child care settings. The book also discusses "Reality Checks," which uncover vital topics students must know about including second-hand smoke, lead poisoning, lice, poverty, kids and guns, ADHD, peanut allergies, otitis media, care for mildly ill children, neighborhood violence, domestic violence, and hunger in America. Along with addressing vital issues, the book considers appropriate ways to assist children and gives students suggestions on how to work with community resources.

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