



Adult Bullying--A Nasty Piece of Work:: Translating Decade of Research on Non-Sexual Harassment, Psychological Terror, Mobbing, and Emotional Abuse on the Job

Pamela Lutgen-Sandvik PhD

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This book translates a decade of scientific research about workplace bullying into an easy-to-read form for any audience. Learn about bullying in the US--how often it happens, how people recover from abuse, how they fight back, and how organizations can build more respectful climates. Use this book as a resource when filing complaints, speaking to HR, or reporting to upper-managers.

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