



Mole! (Cook West)

Gwyneth Doland

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This spicy sauce is sure to tempt your taste buds!

This new addition to the Cook West Series highlights the exotic flavor of mole. Pronounced *moe*-lay, mole is a type of savory Mexican sauce, often but not always made from red chile and bitter chocolate. But there are many other mole sauces—yellow, green and black. Frequently called the official food of Mexico, mole has recently become one of the new, distinctive flavors in Southwestern cuisine. 24 color photos.

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