



# Breaking the Chain of Low Self-Esteem

*Marilyn Sorensen*

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## **Breaking the Chain of Low Self-Esteem** Marilyn Sorensen

Marilyn Sorensen is the Founder and Director of The Self-Esteem Institute in Portland, Oregon. She is a licensed clinical psychologist and author of six books. As a self-published author, her first edition of this book has sold over 50,000 copies and is now available in five languages.

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