



The Big Move: Life Between the Turning Points

Ruth Ray Karpen, Helen Q. Kivnick, Anne M. Wyatt-Brown

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When her husband's ill health forces them to move into an assisted living facility, Anne Wyatt-Brown suddenly finds herself surrounded by elderly residents, many of them sick or disabled. In this lively and provocative collection, other distinguished gerontologists reflect on Anne's moving account of her transition from an isolated caregiver at home to a member of a vibrant and sociable community that offers care-giving support, while encouraging her to pursue her own interests, including exercising, reviewing articles for scholarly journals, serving on committees, and singing. By redefining notions of care and community, undoing the stigmas of aging, and valuing the psychological factors involved in accepting assistance, this volume provides a bold new framework for thinking about aging, continuing care, and making the big move to a retirement community.

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